

World Environment Day Celebrations

Date : 05/06/2016

No of participants : 27

Venue : St. Pauls College, Kalamassery

Report : World Environment Day (WED) is celebrated on 5 June every year, and is the principal vehicle for encouraging awareness and action for the protection of the environment. With this in mind World Environment Day was celebrated on June 5th by cleaning the Horticulture garden of college campus and HMT junction. 25 NSS volunteers and Programmer officers actively participated in the cleaning programme

Outcome : To create awareness among students about the need for the protection of environment.



TOGETHER

**BE WILL
CREATE CHANGE
WORLD ENVIRONMENT
DAY CELEBRATION6**

**ON 06/06/20J8
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COLLEGE.XALANA88ERY**

Yoga Day Celebration

Date : 25/06/2016

No of participants : 20

Venue : St. Pauls College, Kalamassery

Report : Yoga embodies unity of mind and body; thought and action; restraint and fulfilment; harmony between man and nature; a holistic approach to health and wellbeing .NSS volunteers celebrated International Yoga Day on June 25th and 20 Volunteers practiced Yoga under the watchful eyes of trainers Mary Rysel and Niharas.

Outcome : To make the students understand about the importance of yoga in a healthy life.

Documents :



Financial Aid

Date : 05/08/2016

No of participants : 50

Venue : St. Pauls College, Kalamassery

Report : NSS Volunteers initiated a fund raising programme to financially help the surgery of a student on August 5th 2016.

Outcome : The programme helped the students to develop empathy towards fellow beings

Rally – awareness of need to protect Periyar River from pollution

Date : 16/08/2016

No of participants : 50

Venue : St. Pauls College, Kalamassery

Not only are healthy rivers necessary to hit some hardcore rapids, they're necessary for the ecosystem around us. The plants and animals surrounding the river and canyon would not thrive and be as beautiful as they are if our rivers were polluted. Water is important for everybody and everything's health. A rally was conducted, in which 50 NSS Volunteers participated, to create awareness of protecting Periyar River from chemical pollutions,

Outcome : To create awareness among students the need to protect mother nature

Documents :

EVERY DROP IS PRECIOUS.

AWARENES 5 RALLY TO PROTECT
PERIFAR RIVER FROM P'OLLUTION



Orientation Programme

Date : 07/07/2016

No of participants :

Venue : St. Pauls College, Kalamassery

Report : NSS Volunteers conducted an Orientation Programme for freshers and the orientation class was taken by Shaji Sir, a renowned NSS programme officer.

Outcome : The program was really useful for the new students to know about the activities of NSS unit of the college. The session was much entertaining and fun, and the students enjoyed it very well.

Documents :





**SEVEN DAY CAMP OF NSS UNIT NO.38 OF ST. PAUL'S COLLEGE
KALAMASSERY AT Govt. H. S. MUPPATHADAM**

Date : From 26/12/2016 to 01/01/2017

No of participants:

Venue : Govt.H.S Muppathadam

Report : Seven day camp of NSS unit no.38 of St. Paul's College Kalamassery was conducted at Govt.H S Muppathadam, a school which celebrates its centennial anniversary. Seven day camp inauguration ceremony was presided over by Rev.Fr.Felix Chackalackal, manager, St. Paul's College Kalamassery and inaugurated by Smt.Ratnama Suresh, President, Kadungalloor

Grama Panchayath. The ceremony was blessed with the presence of T K Shajahan, Alangad Block Panchayath Member and Shri.C G Venu, Kadungalloor Grama Panchayath vice president.

Camp Days begin at 6.30 AM with an assembly at School courtyard and Volunteers commence the day with NSS Anthem, news reading followed by Yoga session led by trainer Kumari. Mary Rysel. Every day after Yoga session, an eminent person from the locality hoists the NSS flag and delivers a message to NSS Volunteers.

Working sessions begin at 7.30 AM to 9.30 AM. Working sessions focused on Cleaning School Campus, Higher Secondary School Campus, Public roads and created a Plantation garden at Higher Secondary Campus.

Various Class Sessions were conducted at Seven Day Camp. Asst. Prof. Stalin P C took a session on Building Positive Attitude, Asst. Prof. Lima Sunny on Story Telling, Asst. Prof. Binil on Reading Film, Advt. Vimalkumar on Legal Awareness and Narcotics, Dr. G D Martin on Environmental Awareness, Kumari. Nila Gowri on Nail Art, Aji S Nair on model parliament.

Group Dynamics was led by Prof. Jose Xavier which took the NSS Volunteers to the zenith of enjoyment. The game "Minute to win it" took the breath away with its anxious moments and enthralling ends.

Antony Dious, a renowned short film maker and prestige of St. Paul's college exhibited his short film "fuse pokkatha bhandanganl" and volunteer's feedback and interaction with the makers of short film was a sight etched permanent on the memories of all witnessed it.

Various Former NSS Volunteers like Adv. Ayoob Khan, Unni, Emerson visited the camp site and shared their NSS experience with the campers.

NSS Volunteers take part in Kitchen duty and help in the preparation of the food they eat. Various Cultural Programmes take place every day of the camp after the supper. Light off at the camp is at 10.30 P M

NSS Volunteers visited an old age home "Swantham" and made them cheerful with their songs and dances. Visit also made tearful moments

NSS Volunteers took part in the organization and arrangements of "Kalliarangu"- a kallolsavam for anganwadi students, being master of ceremony, judges and volunteers and helped in the immense success of the programme.

NSS Volunteers came up with a Souvenir "JOHANZ MEMORIEZ". It's a treasure house of poems, short stories, memories and drawings

Seven day camp was blessed with the presence of lot of visitors like Principal Dr. V.J Peter, Vice Principal Dr. Rose Philo, Vice Principal Dr. Shobana Michael, Asst. Professors Rajeshmon, Priyesh, Texin, Shiju, Christy, John, Sunitha, Sumitha Franklin, College Office Staff Andrews, Jolly and many eminent personalities from the locality.

Various awards were given away at the end of the camp. The best camper (male) was Muhammed Sayas and the best camper (female) was Riya. The best worker (male) was Robin and the best worker (female) was Anjali Jayakumar. The best entertainer male and female were Shahzaman and Anjali c respectively

Outcome : The 7 day camp helped the volunteers to grow more attached, compassionate and responsible. The activities during the camp were of great help to the hosting institution and the locality. The camp was a really great experience for the volunteers and also the program officers.







Valsalyam Shishu Bhavan Visit

Date : 03/01/2017

No of participants : 72

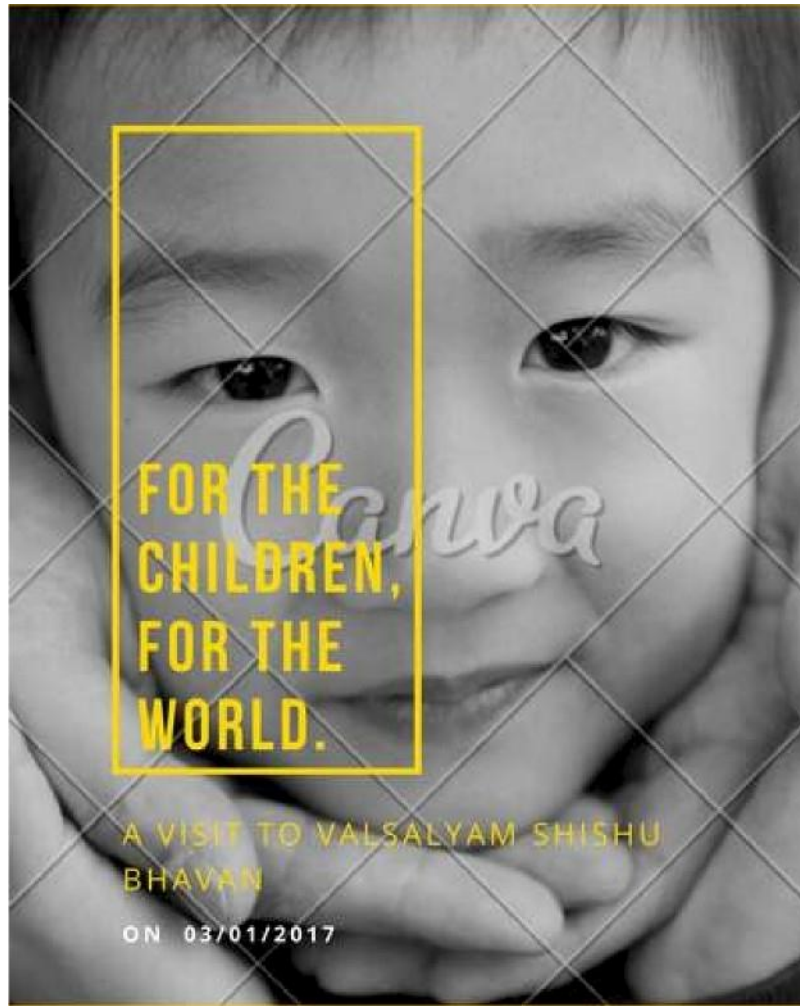
Venue : Valsalyam, a nearby orphanage

Report : 70 NSS Volunteers along with two POs visited Valsalyam, a nearby orphanage to share their love and affection with the less fortunate inmates and contributed the toys and other articles collected from their homes.

Outcome : To create an awareness among the students that all should be treated with love and care for everyone.

Documents :

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NSS DAY CELEBRATION

Date :24/09/2016

No of participants : 150

Venue : St. Pauls College, Kalamassery

Report : NSS Day was celebrated on September 24th by cleaning the Kalamassery Primary Health Centre.150 NSS volunteers along with two POs participated in the cleaning Prograame. The Cleaning initiative was inaugurated by Kalamassery Municipal chairperson Smt.Jessy Peter. NSS Volunteers also distributed Pothichor among the destitute. NSS magazine ,a collection of articles drawings and other creative work by NSS volunteers, was also released

Outcome : To inspire the youth to have a clean and fresh environment. NSS volunteers worked to help the people that are starving and are left on streets.

NSS DAY
CELEBRATION

ON SEPTEMBER 24 TH
2016



ST. PAUL'S COLLEGE,
KALAMASSERY

Gandhi Jayanthi celebrations

Blood Donation Camp

Date : 01/10/2016

No of participants : 45

Venue : St. Pauls College, Kalamassery

Report : NSS Volunteers conducted a blood donation camp at college in association with Amrita Institute of Medical Science and HDFC Bank on 1st October 2016 to celebrate national voluntary blood donation day. The programme was inaugurated by Rev.Fr.Felix Chackalackal. 45 out of 70 registered participants donated blood and the camp a grant success.

Outcome : To create awareness about the need to donate blood and to be a support for others in time of need.

Documents :

WORLD BLOOD DONOR DAY

EVERY
DROP
COUNTS



VENUE : ST. PAULS COLLEGE, KALAMASSERY

DATE : 01/10/2016



Campus cleaning

Date : 01/10/2016

No of participants :

Venue : St. Pauls College, Kalamassery

Report : NSS Volunteers regularly cleaned the college campus and premises with the aim of creating a plastic free nature friendly campus.

Outcome : the programme helped the students to understand the importance to clean our surroundings and the need to make it free from plastic.

Observance of World AIDS day

Date : 01/12/2016

No of participants : 35

Venue : St. Pauls College, Kalamassery

Report : NSS Volunteers commemorated World Aids day on 1st December by conducting a blood donation camp at St.Paul's college in collaboration with HDFC Bank and Amrita Institute of Medical Science Edappally. 35 out of 50 registered students donated blood.

Outcome : This programme helped to create an awareness about AIDS among students and the need to extend our moral support for the AIDS patients.

Documents:



Call 1-800-458-5231 for more information

AIDS,

WITH AIDS.

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www.crimsonribbon.org



National Energy Conservation Day

Date : 14/12/2016

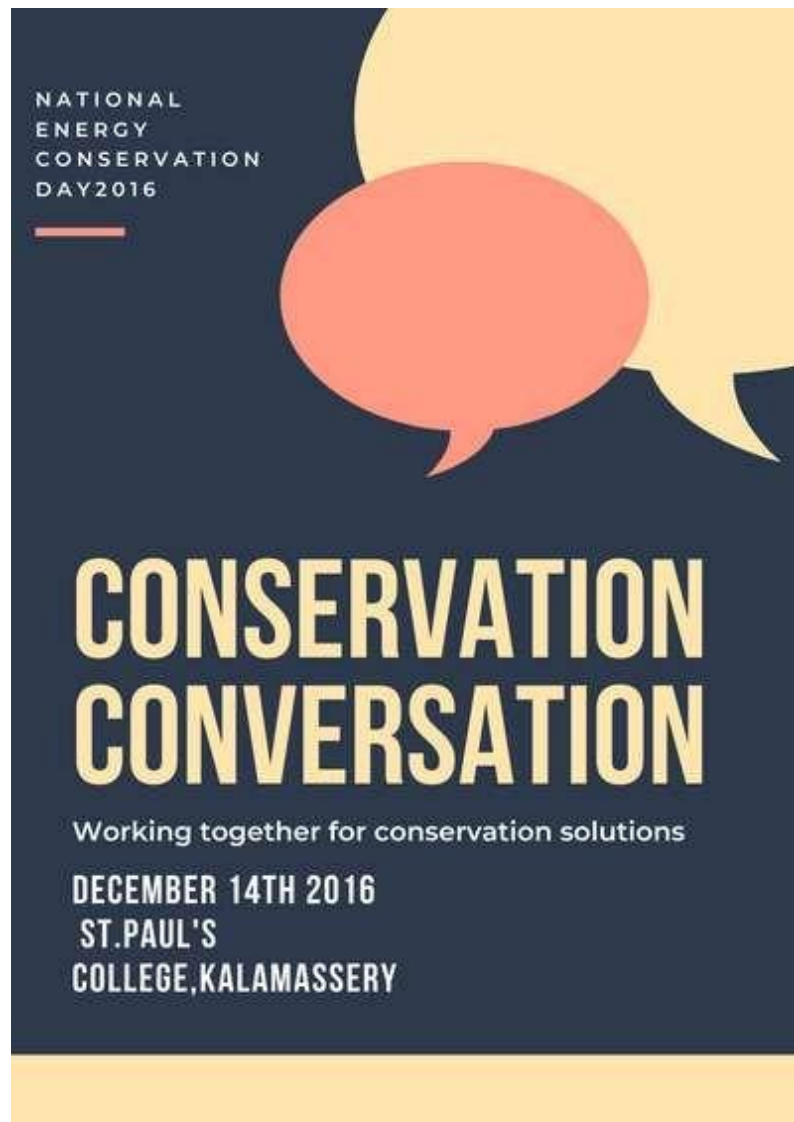
No of participants : 60

Venue : St. Pauls College, Kalamassery

Report : The National Energy Conservation Day is being celebrated every year on December 14 since 1991. The Bureau of Energy Efficiency (BEE), under Ministry of Power spearheads the celebrations every year. The objective to celebrate the National Energy Conservation Day is to drive mass awareness about the importance of energy efficiency and conservation. On 14th December 2016, 60 NSS volunteers actively took part in a rally to commemorate National Energy Conservation Day.

Outcome : This programme helped the public understand the need to conserve energy. The different ways to conserve energy and the methods that can be adopted in day to day life to conserve energy.

Documents :





LEGAL AWARENESS CLASS

Date : 07/03/2017

No of participants : 60

Venue : St. Pauls College, Kalamassery

Report :

On 7th March 2017 NSS volunteers organised a class on legal awareness in St.Paul's college in collaboration with KELSA. The session was inaugurated by Sub Judge Mr.Mohit and presided over by Principal Dr.V.J. Peter.

Outcome : Legal awareness class helped to promote consciousness of legal culture, participation in the formation of laws and the rule of law



NSS UNIT OF ST. PAUL'S COLLEGE
INVITES YOU

**MARCH FOR
HUMAN
RIGHTS**

LEGAL AWARENESS CLASS

DATE: 7/03/2017

VENUE : SEMIANR HALL

SPEAKER : SUB JUDGE MR.MOHIT