

NSS
REPORT 2020-2021

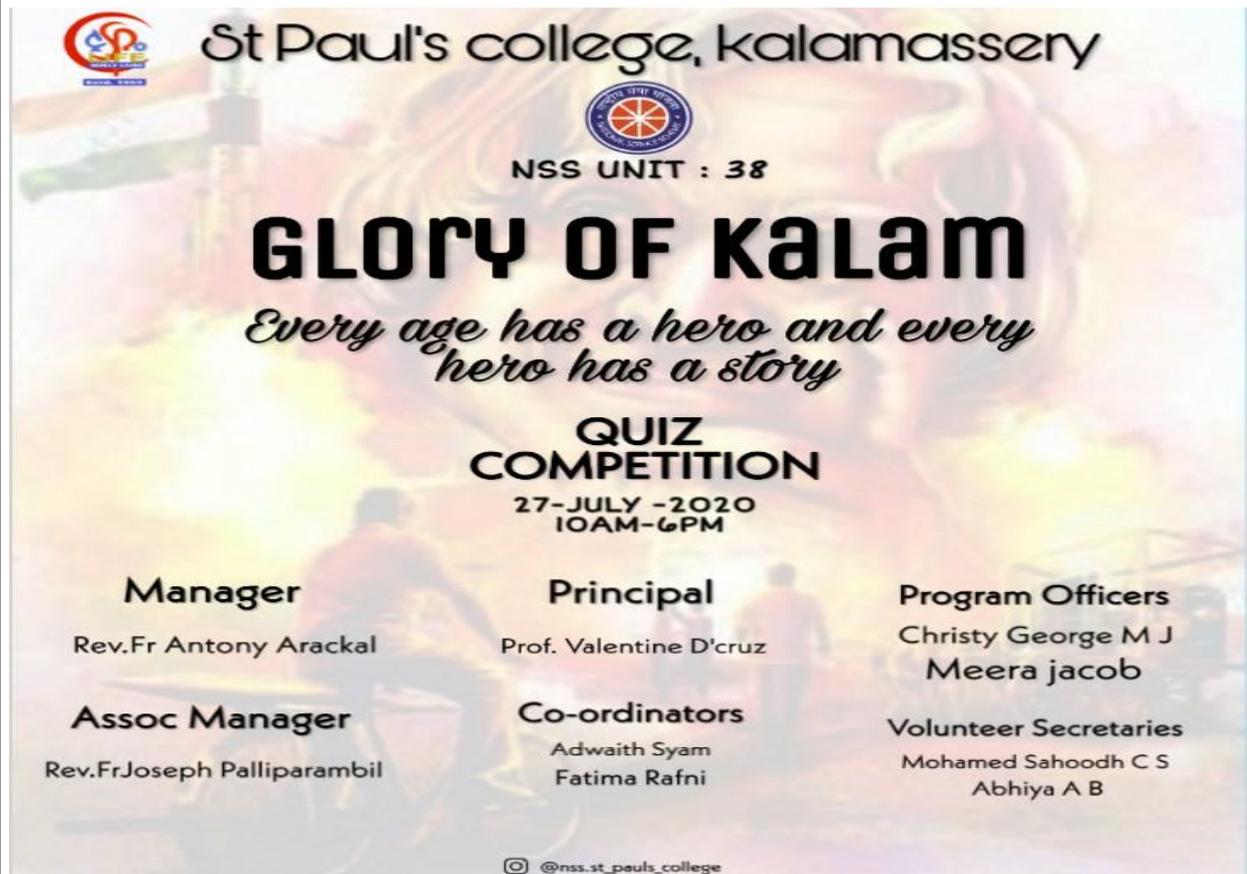
27 JULY – QUIZ PROGRAMME

On 5th Death anniversary of the Former President and the Missile Man of India, Dr.APJ Abdul Kalam ,The NSS Unit no: 38 of St. Paul's College Kalamassery Conducted an intercollege Quiz programme called "Glory of Kalam ".

The quiz was conducted in guidance of Respected P.O's Prof.Christy George M J, Prof.Meera Jacob and secretaries Mohamed sahood .C.S ,Abhiya.A.B and respective quiz coordinators Adwaith shyam and Fathima Rafni .

A total number of 2031 students from various colleges participated in this quiz programme .An E-Certificate signed by the Principal of the college was awarded to all the students who participated .

The Programme became really successful and the NSS Unit tasted a sweet success on their first programme of the Academic year.



The poster features a background image of students in a quiz setting. At the top left is the college logo. The text is centered and reads: 'St Paul's college, kalamassery' followed by the NSS Unit logo and 'NSS UNIT : 38'. The main title is 'GLORY OF KALAM' in large bold letters, with the tagline 'Every age has a hero and every hero has a story' in a cursive font below it. The event is a 'QUIZ COMPETITION' held on '27-JULY -2020' from '10AM-6PM'. The organizing staff is listed in three columns: Manager (Rev.Fr Antony Arackal), Principal (Prof. Valentine D'cruz), and Program Officers (Christy George M J, Meera jacob). Co-ordinators are Adwaith Syam and Fatima Rafni. Volunteer Secretaries are Mohamed Sahooth C S and Abhiya A B. The bottom of the poster includes the Instagram handle '@nss.st_pauls_college'.

St Paul's college, kalamassery

NSS UNIT : 38

GLORY OF KALAM

Every age has a hero and every hero has a story

QUIZ COMPETITION

27-JULY -2020
10AM-6PM

Manager Rev.Fr Antony Arackal	Principal Prof. Valentine D'cruz	Program Officers Christy George M J Meera jacob
Assoc Manager Rev.Fr Joseph Palliparambil	Co-ordinators Adwaith Syam Fatima Rafni	Volunteer Secretaries Mohamed Sahooth C S Abhiya A B

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KAZUKO

Date: 06/08/2020

Nss unit no. 38 of St. Paul's college Kalamassery conducted an interdepartmental online drawing competition from 3rd August to 7th August in accordance with the Hiroshima Nagasaki Remembrance.

Safna Nazer of BBA department secured first place and Rehana K Kader of Mathematics department secured second place.

INSTRUCTIONS

1. Canvas must be the size of an A4 sheet.
2. It could be a pencil drawing or a painting.
3. Only the students of st. Pauls college could participate. Ex paulians are also most welcome.
4. The drawing must contain a written message.
5. Winners will be announced on 9th of august.

STUDENT CO ORDINATORS

Adril d'cruz -8606352489

Anoop -9744416969

Send in your entries via e-mail

Id :- adrildcruz@gmail.com

Or via instagram

id :- @nss.st_pauls_college

On or before 7th aug 2020



ST. PAUL'S COLLEGE KALAMASSERY



NSS Unit no :38

KAZUKO

INTERDEPARTMENTAL ONLINE DRAWING COMPETITION

DATE 3RD AUGUST - 7TH AUGUST

THEME :DISADVANTAGES OF MAN'S SUPER KNOWLEDGE

HIROSHIMA-NAGASAKI REMEMBRANCE

STAFF CO ORDINATORS

Christy George MJ Programme Officer

Meera Jacob Programme Officer

NSS SECRETARIES

Mohamed Sahoodh C.S

Abiya A B



Kaithangu

Date : 28/08/2020

Number of participants:

Organizer: NSS unit no:38, St.Paul's College Kalamassery

St. Paul's College NSS Unit 38 conducted a program called Kaithangu in connection with Onam 2020. Twenty poor families were given food kits as an Onam gift. NSS volunteer secretaries and 20 volunteers participated in the program.

Outcome achieved: It was a good activity as we could help 20 families by giving food essentials to deserving families during Onam festival especially in this pandemic situation.



NSS Orientation
DATE: 26/09/2020

NSS Unit No: 38 of St Pauls college kalamassery conducted an Orientation on the topic" changing perception for the changed world's". The Orientation was organised through an online Platform. Resource Person Sibin Antony M Verghese of Navy children school , Naval Base kochi took the class. He spoke about the perception of a changed world. The volunteers get a chance to know about the changed world and it was a great experience for the volunteers.



ST. PAUL'S COLLEGE KALAMASSERY



NSS UNIT NO:38

AS A PART OF NSS DAY CELEBRATION PRESENTS THE WEBINAR
ON

**CHANGING
PERCEPTIONS FOR
THE CHANGED
WORLD'S**

DATE : 26-09-2020

TIME : 10:00 AM

VENUE : GOOGLE MEET  Google Meet

RESOURCE PERSON

SIBIN ANTONY M VARGHESE

NAVY CHILDREN SCHOOL

NAVAL BASE KOCHI



WORLD AIDS DAY 2020

POSTER MAKING COMPETITION

POSTER MAKING COMPETITION

01-12-2020 TO 07-12-2020

**THEME: ENDING THE HIV/AIDS
EPIDEMIC: RESILIENCE AND IMPACT**



World AIDS
Day
December 1



NSS UNIT
ST. PAUL'S COLLEGE
KALAMASSERY

EMAIL TO NSS@STPAULS.AC.IN
CERTIFICATE WILL BE GIVEN TO THE
WINNERS

Report

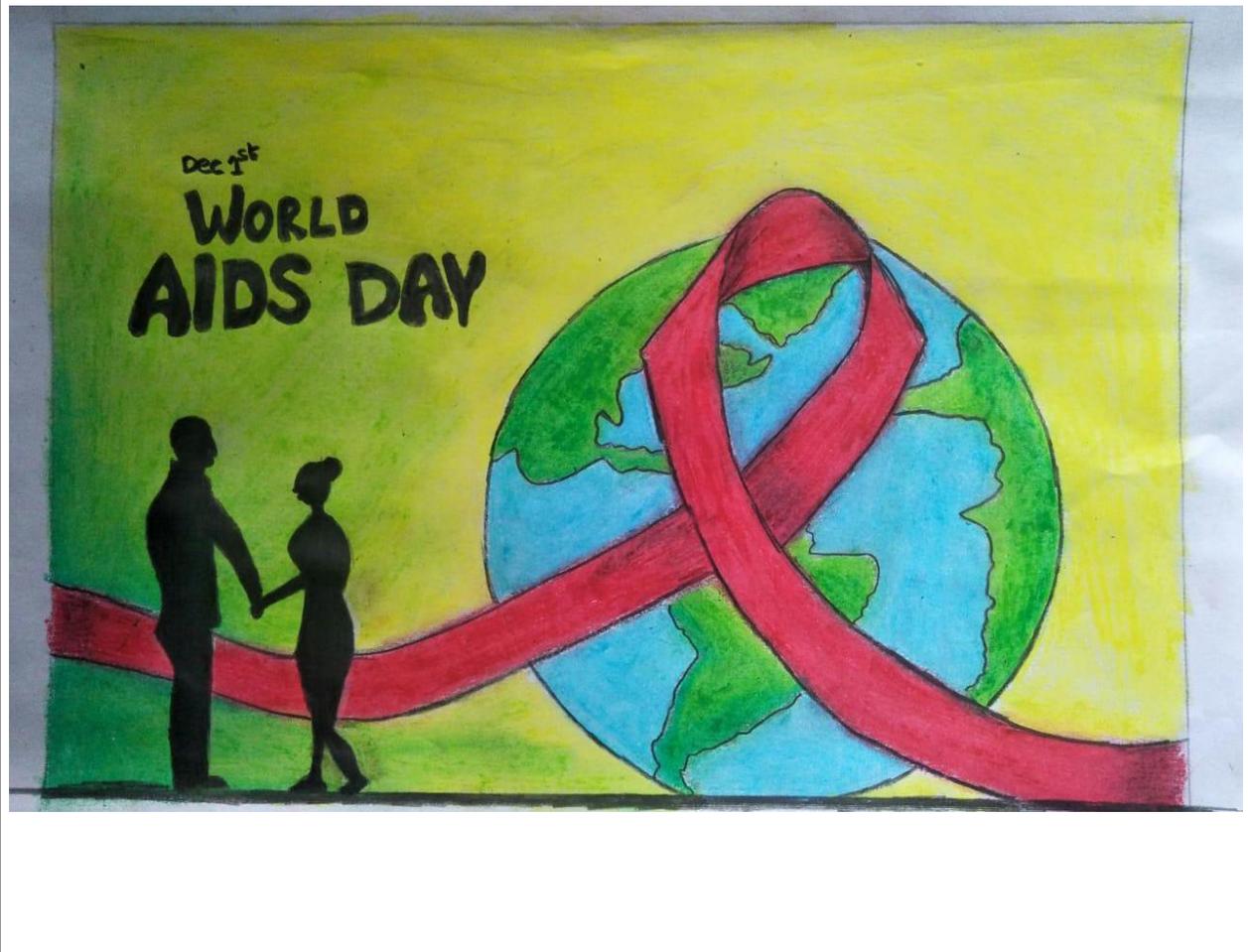
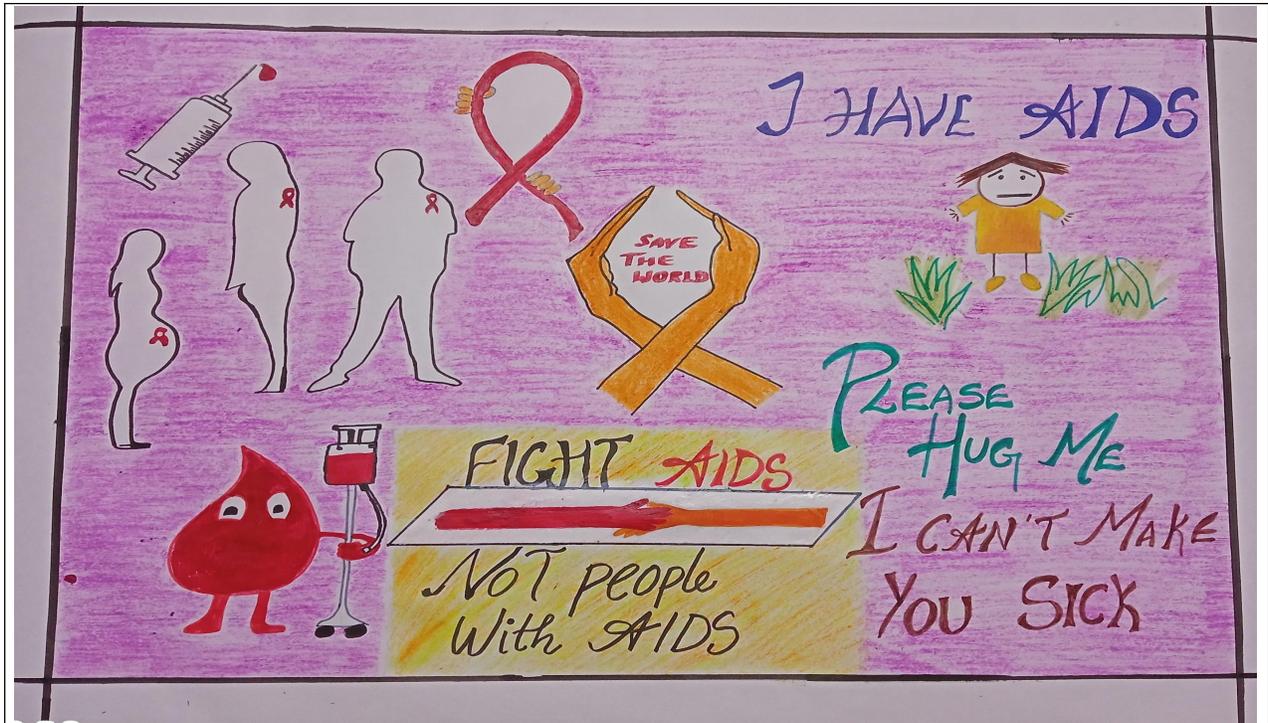
World AIDS Day takes place on 1 December each year. Founded in 1988, World AIDS Day was the first ever global health day. World AIDS Day is an opportunity to show solidarity with the millions of people living with HIV worldwide. NSS volunteers celebrated AIDS day by conducting a poster making competition for the first year students of St.Paul's College Kalamassery to spread awareness among them. The winners for the programme were Anaswara Elsa(First position) of B.Com Computer application and Ansa T A(second) of BA English model II.



Anaswara Elsa (B.Com Computer application)



Ansa T A (BA English model II)





WORLD
AIDS
DAY



ENDING THE HIV /AIDS

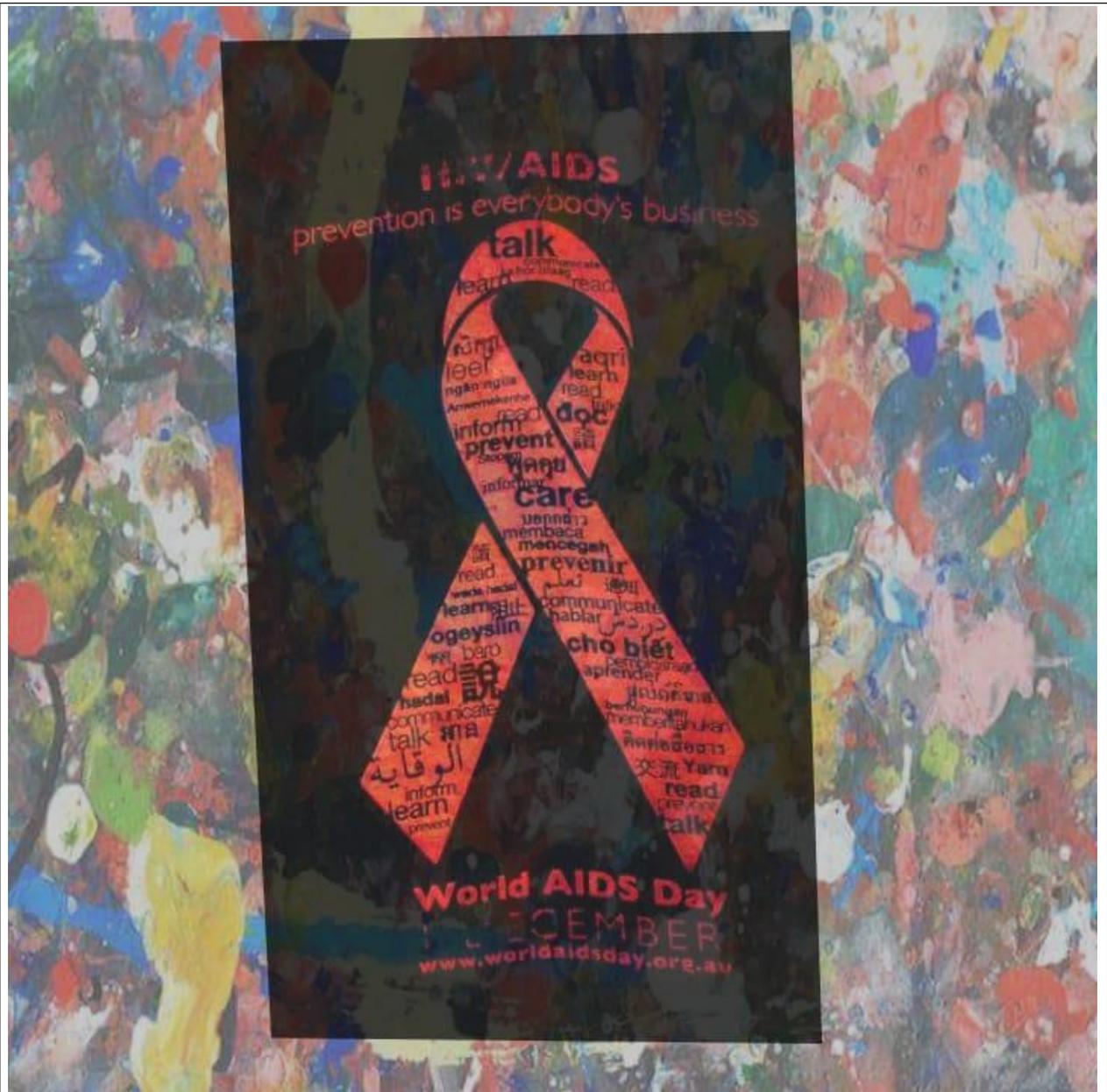
"WHAT IF YOU WERE HIV POSITIVE?"

I WOULD MAKE SURE
NO ONE FELT ALONE.



Poster by Kancw Kelly-Drake from Memorial High School in Melton, Wazzman

ENDING THE HIV



NSS Camp orientation

Date: 07/02/2020

On February 17th NSS unit No. 38 of St. Paul's college, Kalamassery conducted an Orientation for the NSS volunteers.

The orientation was conducted by Prof. Jose Babu, Asst. Professor of the dept of english of St Paul's college kalamassery. The session was very helpful in creating fostering fraternal bonds among the volunteers. He shared his experience as a NSS volunteer. The volunteer was able to bring mutual understanding through the session.



PRATHYASHA-2K21: Seven Day Camp Report



NATIONAL SERVICE SCHEME
ST. PAUL'S COLLEGE KALAMASSERY
UNIT NO: 38

പ്രത്യാശ
പ്രതിക്ഷയോടെ മുന്നോട്ട്

	<p>-SEVEN DAYS NSS CAMP-</p> <p>02-03-2021 TO 08-03-2021</p> <p>ONLINE CAMP</p>	<p>NOT ME BUT YOU</p>
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Break the chain
തുവാക്കൾ കോരിൽ 19 അതിജീവനത്തിനും പ്രതിരോധത്തിനും seven days camp

nss@stpauls.ac.in  [nss.st_pauls_college](https://www.instagram.com/nss.st_pauls_college)
7034420689 | 9037122659 | 9895112266 | 9995376896

DAY-1

On Tuesday 02-03-2021, the seven day camp of NSS unit of St. Pauls College Kalamassery was held. The first day of the camp was held online. The camp PRATHYASHA-2K21 was inaugurated by Rev.Fr. Joseph Palliparambil (Associate manager).

The camp was blessed by the presence of Prof. Valentine D'Cruz (Principal of St.Pauls College) , Prof. Meera Jacob (Programme Officer) , Prof. Christy George (Programme Officer) , Prof. Jose Xavier (Vice Principal) ,Rev.Fr. Xavier Sebastian (Vice Principal), Unit secretaries Abiya A.B and Sahood Muhammad M.S and class sessions was conducted by Dr Soni T.L (Assistant Professor) and Sree C Achutha Menon (Indira Gandhi National NSS

Awarder).

DAY-2

The second day(03-03-2021) of the seven day camp was held both online and offline. The second day started with a yoga session at 6.30 am. The first three groups were allowed to present at the college on the first offline session and the other four groups were allowed to attend the online camp session. The volunteers from the first three groups reported at the college by 8.30 am and the volunteers engaged in cleaning activities in the college premises. At the same time the volunteers those who were attending the online session was assigned to clean their own surroundings. They were all enthusiastic and energetic. At 1 pm in the afternoon an interactive session was conducted by Prof. Jose Xavier (Vice Principal).

CLEANING

The first mission of the second day of seven day camp was to clean the college premises (offline session) as well as household surroundings (online session). The volunteers cleaned the entire college campus. The volunteers of the offline session cleaned their surroundings and created a

beautiful garden. On 03-03-2021 the second day of the seven day camp Prof. Jose Xavier (Vice Principal) conducted an interactive session.

The session was very helpful in creating a joyous experience among the volunteers. Many group games which were helpful in imbibing the qualities of leadership coordination and such were held.

DAY-3

The third day (04-03-2021) of the seven day camp was also conducted both as online and offline mode. On the third day the first four groups were present at the college. The third day also started with Yoga session at 6.30 am. The volunteers reported at the college at 8.30 am. The volunteers engaged in the cleaning activities at the college premises and at 1 pm an interactive session was conducted by Asst Prof. Jose Babu (St. Pauls College) and a quiz session was conducted by Asst Prof. Justin George (St. Pauls College).

SESSION BY PROF. JOSE BABU

On the third day (04-03-2021) of the seven day camp Asst. Prof. Jose Babu and the former NSS Volunteer of St. Pauls College conducted an interactive session.

The session was very helpful in creating a joyous experience and forecasting fraternal bonds among the students. Many group games which were helpful in imbibing the qualities of leadership coordination and such were held. He shared his experience as an NSS Volunteer. The students were able to bring about mutual understanding through the session.

SESSION BY PROF. JUSTIN GEORGE

In the evening of the third day of the camp Asst. Prof. Justin George had conducted a quiz session. It was such a beautiful session which helped the volunteers to sharpen their brains and to increase their general knowledge.

DAY-4

The fourth day (05-03-2021) of the seven day camp started with yoga at 6.30 am. That day NSS volunteers were completely busy with the cleaning duty in their own surroundings.

Class session by Sally Varma

The fourth day of the seven day camp Ms. Sally Varma conducted the webinar on the topic “ Eat Kind for the Planet” through google meet. She spoke about animal love and cruelty. Volunteer’s were of the opinion that this session was very fruitful for them.

Class session by Pramod Y.T

In the afternoon of fourth day Asst.Sub Inspector Pramod Y T took a class on the topic “Cyber Crime”. He spoke about the needs to be aware of the internet and explained the pros and cons of the internet world.

Class session by Dr. Martin Gopurathingal

In the evening session of the fourth day of the camp Dr. Martin Gopurathingal , Senior Research Associate, CUSAT conducted a class on the topic “ Development Concepts” . He spoke about the developments of our society and how that effects the human life. That was a great experience for the volunteers.

DAY-5

As a regular routine all NSS volunteers started their fifth day (06-05-2021) of the seven day camp. The volunteers conducted a survey in their surroundings. The survey was based on the topic “At the time of the Covid-19 youth becomes survival and resistance “. The volunteers received differing opinions even from the members of their families.

Class of session by M.S.Riya

On 06-03-2021, the fifth day of the seven day camp M.S Riya Richard conducted a session on how paper can be made. The session was a very joyous experience to the volunteers. After the class session the volunteers engaged in cleaning their surroundings and a photography competition was conducted based on the topic “ survival “.

CLASS SESSION BY ANJU JOSEPH

On the evening of the fifth day (06-03-2021) of the seven day camp Asst. Prof Anju Joseph of department of English of St.Joseph College Irinjalakuda took a class on the topic “ Gender Justice in Changing Times” .And she gave a detailed class and about Gender Justice. This session was a very gainful experience for the volunteers.

DAY-6

The sixth day (07-03-2021) of the seven day camp began with yoga at 6.30 am. After their routine cores the volunteers attended a class session by Asst Prof. Lima Sunny of the department of English of St.Pauls College Kalamassery. She enunciated based on the topic “Journey through Stories”. She also screened some of the stories and such motivational videos. That was a great ful experience for the volunteers.

CLASS SESSION BY VINOD KUMAR.N

In the evening session Motor Vehicle Inspector Vinod Kumar.N coordinated the class based on the topic “Road Safety Awareness”. He vocalised the road safeties and accidents. That was a useful class for the volunteers.

DAY-7

The seventh day of NSS camp has officially ended on 08-03-2021, Monday. The inauguration ceremony started at 8.30 am along with the NSS Anthem by the NSS volunteers. Asst Prof. Christy George M.J officially welcomed the gathering. Rev.Fr.Joseph Antony Palliparambil (Associate manager of St.Pauls College) , Prof.Valentine D'cruz (Principal of St.Pauls College) , Rev.Fr.Xavier Sebastian (Vice Principal of St.Pauls College) ,Asst.Prof. Sibi K.M , Asst.Prof. Meera Jacob , Unit Secretaries Mohammad Sahood C.S and Abiya A.B awarded the prizes for the best campers , best entertainer , best worker and best group. PRATHYASHA-2K21 was officially concluded by Unit Secretary Mohammad Sahood C.S .